

Career Counsellor News

October 2009

Kate Andrews High School, PASS+ Outreach School

Here are two opportunities for you to speak your mind and give your opinion:

Uthink Online Survey Contest



Monthly prizes from \$250 to \$500; Quarterly prize of \$2500 or a MacBook Air. Join the Uthink Online Panel Site, give your opinion and help shape the world we live in. When you sign up for Uthink Online, you're automatically entered to win 1 of 3 monthly cash prizes and the quarterly grand prize! As a member, you'll have the opportunity to participate in surveys and research studies – it's your chance to help determine the policies, programs, products and services which will affect your everyday life. Plus, you'll get an extra entry for every survey you complete. Visit www.uthinkonline.com.

SPEAK OUT! ALBERTA STUDENT ENGAGEMENT INITIATIVE

Speak Out is an opportunity for Alberta's youth to share their experiences and ideas and to help the people who make decisions about our schools understand the issues that are important to us. Check out the Blog and Discuss Tabs. Post your ideas and "Speak Out"! Parents, teachers, principals, superintendents, school board trustees, university and government officials, including the Minister of Education - they're all listening!

Each month from September 2009 to June 2010, Speak Out will feature a random draw for four prizes courtesy of our featured sponsors. It's so simple... answer a short survey to be entered into a random draw for great prizes. There are new winners every month.

Visit www.speakout.alberta.ca for details.



It's never too early to start thinking about applying for scholarships and awards!! Start doing some research NOW!

Visit these websites for scholarship and award opportunities:

**www.alis.alberta.ca
www.canlearn.ca
www.scholarshipscanada.com
www.aucc.ca
www.studentawards.com
www.myschool101.com**

Also, apply for scholarships and awards with the school that you're planning on attending after graduation.



Upcoming events, dates and deadlines:

October 1st

Earl and Countess of Wessex - World Championships in Athletics Scholarship Deadline



This award recognizes the top male and female Alberta students who have excelled in track and field, have a strong academic record and plan to continue their studies at the post-secondary level in Alberta. Applicants must be Canadian citizens or landed immigrants and residents of Alberta, according to Alberta Scholarship Programs regulations. Applicants must have completed Grade 12 in Alberta in the same year they apply for the scholarship. Students must be planning on continuing their studies at a post-secondary institution in Alberta; and be participating on that institution's Track and Field team. Please see Mrs. Flexhaug for an application.

October 9th – Registration Deadline

October 19th – 22nd Confirmed One-Day Program Dates

Lethbridge College Institutional Student for a Day

Lethbridge College Student for a Day program is a great way to see what it is like to be a college student. Spend a day with a current Lethbridge College learner enrolled in the program of your choice and learn more about our programs, services and campus life.

The following one-day programs are available to provide an opportunity for high school students to attend the college:

October 19th

*Natural Resource Compliance Diploma
Environmental Assessment Restoration
Civil Engineering
Fashion & Interior Design (1/2 day each)*

*Renewable Resource Management
Geomatics Engineering (survey & mapping)
Engineering Design & Drafting*

October 20th

*Multimedia Production
Business Administration
Computer Information Technology
Exercise Science (max 10)
Print Journalism
Advertising & Public Relations*

*Office Administration
Professional Golf Management
Massage Therapy (max 10)
Therapeutic Recreation – Gerontology (max 10)
Broadcast Journalism*

October 21st

*Nursing (NESAs) (max 10)
Agriculture – Plant & Soil
Agriculture – Animal Science*

*Culinary Careers (max 10)
Biotechnology – Cellular/Molecular
Central Sterile Processing*

October 22nd

*Criminal Justice – Policing
Corrections
Child and Youth Care
Special Needs Educational Assistant*

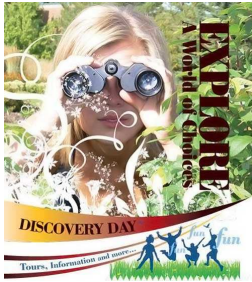
*Practical Nursing (max 10)
Early Childhood Education
Disability Services
Fetal Alcohol Spectrum Disorder*

Registration is required! Please see Mrs. Flexhaug for a registration form if you are interested in attending Lethbridge College Student for a Day in one of these program areas.



October 16th

Olds College Discovery Day



This is an opportunity to explore the array of programs at Olds College that can open doors to exciting careers. Students will get an in-depth look at life on campus at Olds College, spend time in a typical classroom, meet instructors and students, find out about campus housing, learn about financial assistance, and get step-by-step instructions on how to apply.

Registration is required. Please see Mrs. Flexhaug for details.

October 20th and 21st

Lakeland College Open House and Career Fair



Chat one-on-one with instructors at program displays; get details on more than 60 programs; participate in fun interactive sessions; tour labs, classrooms, residences and facilities on campus; meet potential future employers. Apply to any Lakeland College program during Open House and pay no application fee! See Mrs. Flexhaug for details.

*October 20th – Vermilion Campus
October 21st – Lloydminster Campus*

October 26th

Post-Secondary Career Fair

The Post-Secondary Fair is a fantastic opportunity to meet with representatives from a variety of post-secondary schools, training and employment! Please consider attending and feel free to speak with as many representatives as you want! They are there to answer any questions you may have about programs, admissions requirements and campus life! The schools and companies that will be represented at the Post-Secondary Fair are listed on the next page.

Parents and students are invited to meet with representatives from a variety of traditional and non-traditional post-secondary institutions. Ask questions about specific programs and gather information for the next step in your education.

***Location: LCI
Time: 6:30 p.m. to 8:30 p.m.***

Don't miss this event!



What's after high school?

Post Secondary Fair



YOUR CHANCE TO ASK QUESTIONS

Monday, October 26, 2009; 6:30-8:00 pm

Lethbridge Collegiate Institute (gym)

1701 - 5 Avenue South, Lethbridge

This is a great opportunity to get information about the variety of training options available after high school. Parents and students from Grades 9 - 12 are encouraged to come and talk to post-secondary representatives in attendance from:

Post Secondary

Ambrose University College
Centre for Arts & Technology
Concordia University College
Lakeland College
Lethbridge College
Medicine Hat College
Minot State University
Montana Tech
Mount Royal University
Olds College
Prairie Bible Institute
Red Crow Community College
Red Deer College
St. Mary's University College

Post Secondary

SAIT Polytechnic
The King's University College
University of Alberta
U of A - Augustana Faculty
University of Calgary
University of Lethbridge
University of Regina
University of Regina -
Faculty of Engineering
University of Saskatchewan

Local Training Options

Alberta Apprenticeship
Alberta Employment & Immigration
Lethbridge Youth Foundation/5th on 5th
Marvel College
MAX Campus
Purely Inspired
Reeves College
R.C.M.P.
RPAP - The Alberta Rural
Physician Action Plan
St. John Ambulance
Training Inc/Global Training Inc

For more information contact Margaret at
Career Transitions 328-3996 or

margaret.vennard@pallisersd.ab.ca



**Are you a leader?
Do you volunteer in your community?
Do you demonstrate initiative and innovation?
Are you taking a leadership role at school?
Do you demonstrate a strong moral character?
Are you making a difference in your community?**

If you answered "YES!", then these two major scholarships might apply to you...

October 27th

Loran Award Application Deadline



The Loran Awards program was founded in 1988 to fund outstanding students to study on Canadian university campuses. They seek well-rounded students who demonstrate character, promise of leadership and strong commitment to service in the community. Valued at up to \$75,000 over four years, each award includes an annual tuition waiver and a stipend of \$8,000, access to funding and internships through our summer program, invitations to annual gatherings and forums, and mentorship opportunities. Loran Awards are available for undergraduate study at specific universities only. Please see Mrs. Flexhaug for details.

October 30th

TD Canada Trust Scholarships for Community Leadership



This is one of the largest and most prestigious scholarship programs in Canada! These scholarships are awarded to students across Canada who are now in their final year of high school and who have shown exceptional initiative in making a meaningful and lasting difference in their community. Each scholarship includes full tuition at any approved university or college in Canada, \$7500 a year towards living expenses and an offer of summer employment at TD Canada Trust. While applicants must be academically capable of entering and successfully completing either university or college, the focus of these scholarships is not primarily on rewarding the highest marks. The key criterion is outstanding community leadership, in balance with the student's academic performance. Please see Mrs. Flexhaug for an application.

November 2nd

Wendy's Classic Achievers Scholarship Program Deadline



This award recognizes Canadian students who excel in academics, extracurricular activities and community service. To be eligible for the Wendy's Classic Achiever® Scholarship Awards Program, you must meet the following basic criteria: be a Canadian citizen or permanent resident living in Canada; be in your graduating year of a Canadian high school with the intent to enter college or university in the next academic year; achieved at least a 70% grade average in your previous year; participated in at least one extracurricular activity; demonstrated involvement in your local community (e.g. volunteer work). Please note: you do not need to be an employee of Wendy's to apply for a Classic Achiever scholarship; however, if you are a Wendy's Crew member, there's also something for you! Please visit www.wendysclassicachiever.ca for details.

November 4th

Take Our Kids To Work Day



A national event where Grade 9 students have the opportunity to go to work for a day with their parents.

November 4th – Registration Deadline November 25th – Race Day

Cardboard Boat Races

Design, construct and race a boat made of cardboard across the swimming pool at the U of L. Participants will be provided with the required materials on the day of the event to design and construct the cardboard boat. Teams must be made up of four students from the same high school or junior high school. Judging is based on design construction, speed across the pool and weight carried. Teams must register with Mrs. Flexhaug well in advance of the registration deadline!



November 5th

Lethbridge College Career Conference and Open House

You're invited to Lethbridge College's Career Conference 2009. This event is a prime opportunity for students and alumni to see into their futures by investigating the numerous career areas represented. Industry experts, business people and Lethbridge College program representatives will be your career advisors for the day.

*Location: Lethbridge College Val Matteotti Gymnasium and throughout the College
Time: 10:00 a.m. to 6:00 p.m.*



November 25th

Kate Andrews Parent-Teacher Interviews

*Location: Kate Andrews High School Gym
Time: 4:00 to 5:00 p.m. and 6:00 to 9:00 p.m.*



November 27th

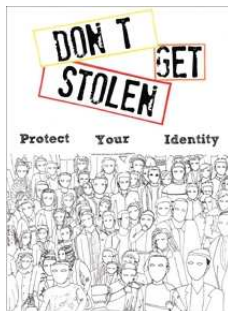
Alberta Consumer Champion Awards Youth Poster Competition Deadline



**Alberta Consumer
Champion Awards**
put your best work forward

This competition is open to youth between the ages of 15 and 18. The poster competition encourages youth to gain a better understanding of how to protect themselves from the risks of identity theft, renting a place of their own, consumer contracts, internet shopping and buying a car. Entrants design an original poster and complete a research questionnaire to become eligible for awards of \$1,000, \$500 or \$250. Submissions will be judged on the following criteria: originality and innovation, clear messaging about your consumer topic, knowledge of consumer rights and responsibilities, and empowers young consumers. Visit www.servicealberta.ca.

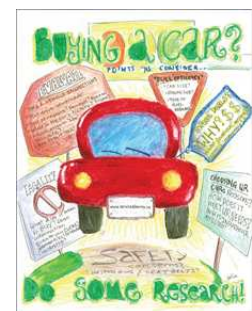
*Wondering
what some of
the entries look
like? Here are
last year's
winners:*



1st Prize (\$1000)



2nd Prize (\$500)



3rd Prize (\$250)

December 15th

University of Lethbridge Board of Governors' Admission Scholarship



Scholarships will be granted to the highest achieving applicants from geographic regions in Alberta, British Columbia, and Saskatchewan. You must apply for admission to the U of L by December 15.

December 15th

University of Alberta Academic Excellence Entrance Award Deadline

Eligible applicants will have a minimum award average of 80% based on Grade 11 and 12 marks. Visit www.ualberta.ca to apply.



Show you care & make a difference... Volunteer!



Volunteering gives you a chance to do something good and worthwhile in your community! You have an opportunity to network with professionals, help residents, and it's a great way to boost your resume and scholarship chances!

Chinook Health - Coaldale Health Centre has several volunteer placement openings in a variety of roles, including portering, meal times, beauty care, crafts, reading, and entertainment. This request for teen involvement has the potential to be very rewarding and informative for students. Please see Mrs. Flexhaug for details.

START PREPARING FOR 2010...

February 1st

Burger King Scholars Program Deadline



BURGER KING® Scholars awards are \$1,000 each and may be used for educational expenses, such as tuition fees and books, during the first year of college or post-secondary vocational/technical school. For students to qualify, they must be a high school senior and a resident of the U.S., Canada or Puerto Rico that meets the following criteria: maintains a cumulative grade point average of 2.5 or higher; works part-time for a minimum of 10 hours per week or 40 weeks per year; be actively involved in community service activities; demonstrates financial need (1040 form required); plans to enroll in an accredited two/or four-year college, university, or vocational/technical school by Fall of the application year. To learn more about the program, please visit the Foundation's website at <http://www.haveityourwayfoundation.org/>.

February 15th

Grant MacEwan United World College Scholarships Deadline

The United World Colleges were created to promote international understanding through education, service and social responsibility. These scholarships were named in honour of the late Dr. J.W. Grant MacEwan and administered by the Alberta Scholarship Programs. The scholarships reward Alberta's best Grade 11 students with a chance to complete their high school at one of the twelve United World Colleges located throughout the world. Value of the award is tuition, room and board, and one return trip home per year. The scholarship covers both years of the program. Applicants must be Alberta residents and be between the ages of 16 and 17 and a half. Applicants are normally in the process of completing Grade 11. Please see Mrs. Flexhaug for an application.



UNITED WORLD
COLLEGES

March 1st

University of Lethbridge Leadership/High School Awards Deadline



Scholarships and awards are available on the basis of your predicted admission average/academic achievement as well as other criteria, such as leadership ability, volunteer experience, artistic ability and financial need. A separate scholarship application is required by March 1, which can be completed on-line at www.uleth.ca.

March 1st and 15th

University of Alberta Awards Deadlines

Scholastic Distinction Awards - Eligible applicants will have a minimum award average of approximately 95% based on Grade 10, 11 and 12 marks. Deadline is March 1st.



Entrance Leadership Awards - Eligible applicants will have outstanding leadership and a minimum award average of 80% based on Grade 11 and 12 marks. Deadline is March 15th.

Visit www.ualberta.ca to apply.

April 15th

Ben's Beef Jerky Scholarship Program

*Ben will award three \$500 scholarships to Alberta high school students (open to Grades 10, 11 and 12). **The Cowboy & Cowgirl Scholarship** will be awarded to the applicant who writes the best poem that features "Ben's Beef Jerky" in the poem. **The Science & Innovation Scholarship** will be awarded to the applicant who writes the best essay about creative ideas on new/different beef jerky flavours; efficient ways to make beef jerky; efficient ways to package food; natural food preservatives; "green" beef manufacturing processes; and/or anything else you can think of! **The Business & Marketing Scholarship** will be awarded to the applicant with the best business and marketing ideas to sell Ben's Beef Jerky, writing the best essay with a concept for a creative print, radio, or internet video advertisement. Students may enter one, two, or all three categories. For more information, visit www.bensbeefjerky.com.*



Interested in participating in an educational travel program?

ENCOUNTERS WITH CANADA

Spend a week with Encounters with Canada – Canada's largest youth forum! Every week of the school year, 120-138 teens from across Canada (ages 14-17) come to Ottawa where they discover their country through each other, learn about Canadian institutions, meet famous and accomplished Canadians, explore exciting career themes, develop their civic leadership skills, and live an extraordinary bilingual experience. Over 78,000 youth have lived the EWC experience so far! For details, visit <http://www.encounters-rencontres.ca>



EDUCATION FIRST

Education First is an exchange year for students ages 14 to 18. Would you like to speak Mandarin, French, German or Spanish fluently? Experience another culture and other customs or traditions? Attend high school in another country, and experience for yourself how teenagers there live and think? All of this will come true when you participate in a high school year abroad with EF. Visit www.ef.com for details.



KATIMAVIK

KATIMAVIK is a 9-month program for young people who want to make a difference and try something new. Live in three different provinces with a group of 10 other people your age from across the country. Explore new and different work environments while making a hands-on contribution to your host communities in three different provinces. You generally put in 35 hours a week for non-profit organizations -- build hiking trails, teach reading skills, organize festivals, restore heritage sites, work for community TV stations, accompany the elderly or people with learning disabilities, and the list goes on! It's more than volunteer work! You'll live in a house rented by Katimavik for your group and your project leader. Together you'll learn to manage and share housing duties, connect with members of your host community and discover the region. For details, visit www.katimavik.org.



MAKE A BIG DIFFERENCE
IN LITTLE LIVES.
AND YOUR OWN



THINKING ABOUT A CAREER IN CHILD CARE?

The Government of Alberta has launched a campaign encouraging Grade 10, 11 and 12 students to consider the child care profession. Start your career today by taking the Orientation Course.

*Intended for people without any formal training in child care, **the course is free and earns you the child development assistant certification, which qualifies you for a position in child care.***

If you complete this course while you are still in high school, you are eligible for a \$2,500 scholarship towards your college education.

Visit: www.bethedifference.alberta.ca for details.

BE THE DIFFERENCE.



Your Academic and Career Counsellor is
Mrs. Shelly Flexhaug

Please stop by to see me if you have any questions about:

- high school credits
- high school graduation requirements
- post-secondary schools
- post-secondary admission requirements & scholarships
- careers/job requirements

Email: shelly.flexhaug@pallisersd.ab.ca