

Career Counsellor News

September 2009

Kate Andrews High School, PASS+ Outreach School

UPCOMING EVENTS, DATES AND DEADLINES:

September 29th

Career Transitions for Youth Scholarship Information Evening



Join Career Transitions for Youth for a Scholarship Information Evening. Career Transitions for Youth will tell you where to look for scholarships and awards, give you tips on how to complete application forms, and describe how to better your chances of receiving scholarships and awards. Both parents and students are welcome. Location: Kate Andrews High School; Time: 7:00 to 8:00 p.m.

September 30th

University of Lethbridge Career Fair

An annual event hosted by the Career Resources Center at the University of Lethbridge to create and build relationships between employers, students and graduates. Businesses and organizations from all over Canada participate in this event, as well as students and graduates and community members of surrounding Lethbridge. Show up on the day of the event and be prepared to market yourself to employers. Location: UofL First Choice Savings Centre for Sport & Wellness; Time: 10:00 a.m. to 3:00 p.m.

CAREER FAIR 2009

Start Here...Go Anywhere

Wednesday Sept. 30 @ 10 am - 3pm

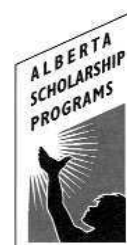
First Choice Savings Centre for Sport & Wellness



October 1st

Earl and Countess of Wessex - World Championships in Athletics Scholarship Deadline

This award recognizes the top male and female Alberta students who have excelled in track and field, have a strong academic record and plan to continue their studies at the post-secondary level in Alberta. Applicants must be Canadian citizens or landed immigrants and residents of Alberta, according to Alberta Scholarship Programs regulations. Applicants must have completed Grade 12 in Alberta in the same year they apply for the scholarship. Students must be planning on continuing their studies at a post-secondary institution in Alberta; and be participating on that institution's Track and Field team. Please see Mrs. Flexhaug for an application.



October 9th – Registration Deadline

October 19th – 22nd Confirmed One-Day Program Dates

Lethbridge College Institutional Student for a Day

Lethbridge College Student for a Day program is a great way to see what it is like to be a college student. Spend a day with a current Lethbridge College learner enrolled in the program of your choice and learn more about our programs, services and campus life.

The following one-day programs are available to provide an opportunity for high school students to attend the college:

October 19th

*Natural Resource Compliance Diploma
Environmental Assessment Restoration
Civil Engineering
Fashion & Interior Design (1/2 day each)*

*Renewable Resource Management
Geomatics Engineering (survey & mapping)
Engineering Design & Drafting*

October 20th

*Multimedia Production
Business Administration
Computer Information Technology
Exercise Science (max 10)
Print Journalism
Advertising & Public Relations*

*Office Administration
Professional Golf Management
Massage Therapy (max 10)
Therapeutic Recreation – Gerontology (max 10)
Broadcast Journalism*

October 21st

*Nursing (NESAs) (max 10)
Agriculture – Plant & Soil
Agriculture – Animal Science*

*Culinary Careers (max 10)
Biotechnology – Cellular/Molecular
Central Sterile Processing*

October 22nd

*Criminal Justice – Policing
Corrections
Child and Youth Care
Special Needs Educational Assistant*

*Practical Nursing (max 10)
Early Childhood Education
Disability Services
Fetal Alcohol Spectrum Disorder*

Registration is required! Please see Mrs. Flexhaug for a registration form if you are interested in attending Lethbridge College Student for a Day in one of these program areas.



October 26th

Post-Secondary Career Fair

Parents and students are invited to meet with representatives from a variety of traditional and non-traditional post-secondary institutions. Ask questions about specific programs and gather information for the next step in your education.

Location: LCI

Time: 6:30 p.m. to 8:30 p.m.



November 2nd

Wendy's Classic Achievers Scholarship Program Deadline



This award recognizes Canadian students who excel in academics, extracurricular activities and community service. To be eligible for the Wendy's Classic Achiever® Scholarship Awards Program, you must meet the following basic criteria: be a Canadian citizen or permanent resident living in Canada; be in your graduating year of a Canadian high school with the intent to enter college or university in the next academic year; achieved at least a 70% grade average in your previous year; participated in at least one extracurricular activity; demonstrated involvement in your local community (e.g. volunteer work). Please note: you do not need to be an employee of Wendy's to apply for a Classic Achiever scholarship; however, if you are a Wendy's Crew member, there's also something for you! Please visit www.wendysclassicachiever.ca for details.

November 4th – Registration Deadline

November 25th – Race Day

Cardboard Boat Races

Design, construct and race a boat made of cardboard across the swimming pool at the U of L. Participants will be provided with the required materials on the day of the event to design and construct the cardboard boat. Teams must be made up of four students from the same high school or junior high school. Judging is based on design construction, speed across the pool and weight carried. Teams must register with Mrs. Flexhaug well in advance of the registration deadline!



November 5th

Lethbridge College Career Conference and Open House

You're invited to Lethbridge College's Career Conference 2009. This event is a prime opportunity for students and alumni to see into their futures by investigating the numerous career areas represented. Industry experts, business people and Lethbridge College program representatives will be your career advisors for the day.

*Location: Lethbridge College Val Matteotti Gymnasium and throughout the college
Time: 10:00 a.m. to 6:00 p.m.*



December 15th

University of Lethbridge Board of Governors' Admission Scholarship



Scholarships will be granted to the highest achieving applicants from geographic regions in Alberta, British Columbia, and Saskatchewan. You must apply for admission to the U of L by December 15.

December 15th

University of Alberta Academic Excellence Entrance Award Deadline

*Eligible applicants will have a minimum award average of 80% based on Grade 11 and 12 marks.
Visit www.ualberta.ca to apply.*



START PREPARING FOR 2010...

February 1st

Burger King Scholars Program Deadline



BURGER KING® Scholars awards are \$1,000 each and may be used for educational expenses, such as tuition fees and books, during the first year of college or post-secondary vocational/technical school. For students to qualify, they must be a high school senior and a resident of the U.S., Canada or Puerto Rico that meets the following criteria: maintains a cumulative grade point average of 2.5 or higher; works part-time for a minimum of 10 hours per week or 40 weeks per year; be actively involved in community service activities; demonstrates financial need (1040 form required); plans to enroll in an accredited two/or four-year college, university, or vocational/technical school by Fall of the application year. To learn more about the program, please visit the Foundation's website at <http://www.haveityourwayfoundation.org/>.

February 15th

Grant MacEwan United World College Scholarships Deadline

The United World Colleges were created to promote international understanding through education, service and social responsibility. These scholarships were named in honour of the late Dr. J.W. Grant MacEwan and administered by the Alberta Scholarship Programs. The scholarships reward Alberta's best Grade 11 students with a chance to complete their high school at one of the twelve United World Colleges located throughout the world. Value of the award is tuition, room and board, and one return trip home per year. The scholarship covers both years of the program. Applicants must be Alberta residents and be between the ages of 16 and 17 and a half. Applicants are normally in the process of completing Grade 11. Please see Mrs. Flexhaug for an application.



March 1st

University of Lethbridge Leadership/High School Applicant Awards Deadline



Scholarships and awards are available on the basis of your predicted admission average/academic achievement as well as other criteria, such as leadership ability, volunteer experience, artistic ability and financial need. A separate scholarship application is required by March 1, which can be completed on-line at www.uleth.ca.

March 1st and 15th

University of Alberta Awards Deadlines



Scholastic Distinction Awards - Eligible applicants will have a minimum award average of approximately 95% based on Grade 10, 11 and 12 marks. Deadline is March 1st.

Entrance Leadership Awards - Eligible applicants will have outstanding leadership and a minimum award average of 80% based on Grade 11 and 12 marks. Deadline is March 15th.

Visit www.ualberta.ca to apply.

April 15th

Ben's Beef Jerky Scholarship Program

*Ben will award three \$500 scholarships to Alberta high school students (open to Grades 10, 11 and 12). **The Cowboy & Cowgirl Scholarship** will be awarded to the applicant who writes the best poem that features "Ben's Beef Jerky" in the poem. **The Science & Innovation Scholarship** will be awarded to the applicant who writes the best essay about creative ideas on new/different beef jerky flavours; efficient ways to make beef jerky; efficient ways to package food; natural food preservatives; "green" beef manufacturing processes; and/or anything else you can think of! **The Business & Marketing Scholarship** will be awarded to the applicant with the best business and marketing ideas to sell Ben's Beef Jerky, writing the best essay with a concept for a creative print, radio, or internet video advertisement. Students may enter one, two, or all three categories. For more information, visit www.bensbeefjerky.com.*



Ongoing – No deadline!

Uthink Online Survey Contest



Monthly prizes from \$250 to \$500; Quarterly prize of \$2500 or a MacBook Air. Join the Uthink Online Panel Site, give your opinion and help shape the world we live in. When you sign up for Uthink Online, you're automatically entered to win 1 of 3 monthly cash prizes and the quarterly grand prize! As a member, you'll have the opportunity to participate in surveys and research studies – it's your chance to help determine the policies, programs, products and services which will affect your everyday life. Plus, you'll get an extra entry for every survey you complete. Visit www.uthinkonline.com.

MAKE A BIG DIFFERENCE
IN LITTLE LIVES.
AND YOUR OWN



THINKING ABOUT A CAREER IN CHILD CARE?

The Government of Alberta has launched a campaign encouraging Grade 10, 11 and 12 students to consider the child care profession. Start your career today by taking the Orientation Course.

*Intended for people without any formal training in child care, **the course is free and earns you the child development assistant certification, which qualifies you for a position in child care.***

If you complete this course while you are still in high school, you are eligible for a \$2,500 scholarship towards your college education.

Visit: www.bethedifference.alberta.ca for details.

BE THE DIFFERENCE.



EDUCATIONAL TRAVEL PROGRAMS TO CONSIDER

ENCOUNTERS WITH CANADA

Spend a week with Encounters with Canada – Canada’s largest youth forum! Every week of the school year, 120-138 teens from across Canada (ages 14-17) come to Ottawa where they discover their country through each other, learn about Canadian institutions, meet famous and accomplished Canadians, explore exciting career themes, develop their civic leadership skills, and live an extraordinary bilingual experience. Over 78,000 youth have lived the EWC experience so far! Visit <http://www.encounters-rencontres.ca> for details.



EDUCATION FIRST

Education First is an exchange year for students ages 14 to 18. Would you like to speak Mandarin, French, German or Spanish fluently? Experience another culture and other customs or traditions? Attend high school in another country, and experience for yourself how teenagers there live and think? All of this will come true when you participate in a high school year abroad with EF. Visit www.ef.com for details.



KATIMAVIK

Katimavik



KATIMAVIK is a 9-month program for young people who want to make a difference and try something new. Live in three different provinces with a group of 10 other people your age from across the country. Explore new and different work environments while making a hands-on contribution to your host communities in three different provinces. You generally put in 35 hours a week for non-profit organizations -- build hiking trails, teach reading skills organize festivals, restore heritage sites, work for community TV stations, accompany the elderly or people with learning disabilities, and the list goes on! It's more than volunteer work! You'll live in a house rented by Katimavik for your group and your project leader. Together you'll learn to manage and share housing duties, connect with members of your host community and discover the region. For more information, visit www.katimavik.org.

Interested in travelling?

Internships and Volunteer Work Worldwide:

PROJECTS ABROAD is an organization that provides students with the opportunity to live and work in developing countries in a way that is both convenient and safe for the students and also positive for the countries themselves. Projects Abroad sends volunteers ages 16 and up to 24 countries to do over 150 different unpaid internships and service projects. In addition to regular placements, there are many high school specials for students seeking a primer trip for first time travellers. Projects Abroad offers meaningful work, overseas support and a flexible timeline. Check out www.projects-abroad.org.

SWAP Working Holiday

SWAP Working Holidays is a non-profit program that offers young Canadians a truly unique opportunity to explore the world through work and travel. Originally the Student Work Abroad Program, many countries now permit non-student youth to participate, so the name evolved into SWAP Working Holidays! On a SWAP program, you have the chance to live and breathe another culture from the inside rather than simply passing through as a tourist. SWAP is owned and operated by the Canadian Federation of Students, Canada's national student organization. The top casual SWAPPER jobs are Special Events, Organic Farms, Fruit Picking, National Parks & Trail Maintenance, English Tutoring, Hostels, Retail, Babysitting & Au Pairing, Administration and Bar & Restaurant. Check out www.swap.ca.

SWAP.ca

SWAP is a not-for-profit program of the Canadian Federation of Students
SWAP est un organisme à but non lucratif de la Fédération Canadienne des Étudiantes et Étudiants



“GAP YEAR”

What next?

Even if you have decided not to pursue post-secondary studies right after High School Graduation, it is important to develop a plan. A gap year plan should include focus and goals that will be meaningful and purposeful, which will lead to personal growth and a renewed perspective on the world and the value of education. Without a plan you risk the danger of simply “hanging out” as the days turn into months and the prospect of attending college or university seems irrelevant. When planning your gap year, begin by asking yourself, ***Where do I want to end up?***



Pioneer Ranch Camps: The GAP year is a foundational program being offered at Pioneer Ranch Camps in Alberta. It runs for 11 months and is aimed at 17-27 year old men and women who desire to develop their leadership skills, engage in outdoor pursuits, learn more about God and themselves, and serve students and guests who come to Pioneer Camp for outdoor education, band camps, retreats and conferences. **Contact:** Pioneer Ranch Camps, C/O Rick Eriendson at rick@pioneer camps.ab.ca; 1-888-511-2660

Habitat for Humanity: Habitat for Humanity International is a non-profit, Christian housing ministry. HFHI seeks to eliminate poverty housing and homelessness from the world, and to make decent shelter a matter of conscience and action. **Contact:** Habitat for Humanity at www.habitat.org

GapWork.com: This site gives you all the help you need to plan your gap year, the most up-to-date information on all your gap year options, destinations and activities, working holidays and help and advice from the experts. It also includes ultimate guides and information on traveling abroad, visas, Insurance etc.

Teaching English Abroad: TESOL/TESL teacher training certification courses: Oxford Seminars at www.oxfordseminars.com Global TESOL at www.globaltesol.com

Global Experiences: Global Experiences offers a wealth of great summer programs, including internships Abroad, Fashion Programs, Teaching English, Volunteer Abroad, Foreign Language Training, and Adventure Travel. **Contact:** www.globalexperiences.com

Canada World Youth: Canada World Youth is a leader in developing international educational programs where young people learn through experience. For more than 30 years, we have built ties with partners from around the globe. **Contact:** <http://www.cwy-jcm.org>

Show you care...Volunteer!



Volunteering gives you a chance to do something good and worthwhile in your community! You have an opportunity to network with professionals, help residents, and it's a great way to boost your resume and scholarship chances!

Chinook Health - Coaldale Health Centre has several volunteer placement openings in a variety of roles, including portering, meal times, beauty care, crafts, reading, and entertainment. This request for teen involvement has the potential to be very rewarding and informative for students. Please see Mrs. Flexhaug for details.

Check these websites for more scholarship opportunities:

www.alis.alberta.ca
www.canlearn.ca
www.scholarshipscanada.com
www.aucc.ca
www.studentawards.com
www.myschool101.com



Your Academic and Career Counsellor is
Mrs. Shelly Flexhaug



Please stop by to see me if you have any questions about:

- high school credits
- high school graduation requirements
- post-secondary schools
- post-secondary admission requirements
- careers/job requirements