

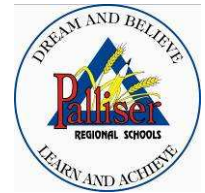


KATE ANDREWS HIGH SCHOOL

2112 – 21 Street, Coaldale, Alberta, Canada T1M 1L9

Phone: 403-345-3383 Fax: 403-345-5767

www.kateandrewshighschool.com



MAY SPORTS



Mon. 4 th	KAHS/PBHS Boys @ RHS (Lloyd Nolan, 5:00)
Wed. 6 th	KAHS Girls @ Brooks (Start time approx. 5:00)
Wed. 6 th	KAHS/PBHS Boys @ CCH (Lloyd Nolan, 6:15)
Sat. 9 th	KAHS Girls' Slopitch League Tournament
Tues. 12 th	KAHS/PBHS Boys @ WCHS (Henderson, 5:00)
Wed. 13 th	KAHS Girls' Host Vauxhall (Coaldale Quads, 4:30 - 5:00ish)
Wed. 13 th	KAHS/PBHS Boys Host LCI (Henderson, 5:00)
Wed. 20 th	KAHS Girls' Host Milk River (Coaldale Quads, 4:30 - 5:00ish)
Thurs. 21 st	KAHS/PBHS Boys Host WCHS (Henderson, 6:15)
Fri. 22 nd	KAHS/PBHS Boys Host RHS (Henderson, 4:00)
Mon. 25 th	KAHS Girls @ Milk River (Start time approx. 5:00)
Mon. 25 th	Tier 1 West High School (Boys) Rain Days (or 6 vs 5) - Henderson
Tues. 26 th	Tier 1 West High School (Boys) Rain Days (or 6 vs 5) - Henderson
Wed. 27 th	Tier 1 West High School (Boys) 6 vs 5 Henderson
Fri./Sat. 29 th /30 th	KAHS Girls Slopitch Final Tourney (Softball Valley, Lethbridge)
Fri./Sat. 29 th /30 th	Tier 1 West High School (Boys) compete in Provincials, Medicine Hat

This information is accurate at the time of printing, but games and times are subject to change without notice.



UNsubscribing

If you have received this newsletter at your email address and wish NOT to, the simplest means of unsubscribing is to visit the school's website (www.kateandrewshighschool.com) and click "Unsubscribe" after entering your email address at the bottom of the home page.

No one ever finds life worth living. One always has to make it worth living. - Richard H. Feeley

Grad News



KAHS has made a deal with the Lifetouch photographers for grad photos. We are trying to make the ceremony run as efficiently as possible. Lifetouch has offered to provide each student with a 5 X 7 photo of them receiving their grad certificate. This will help to reduce the "log-jams" that sometimes result from parents and family members standing in the aisles as they try to capture a good photo of a fleeting moment. Lifetouch will do this. Not only that, but each student will also receive an 8 X 10 group photo that will be taken right after the ceremony. These (and the presentation photos) will be supplied to all students at **NO COST** and we will do our best to have them available for pickup **at the banquet**.

We had very successful sales of hoodies and sold 51 hoodies. The hoodies should be ready by May 11 for pick up. These will be keepsakes, as every one of our 97 grade twelve students has signed the back. Our theme this year is Small Town- Big Dreams: Before They Were Stars. We hope our decorations can have some real star power.

Our grade 12 students need to complete a "School Leaving Form." These forms were handed out Friday April 24 at our meeting in the lunchroom, if you did not receive one see Mrs. Van Rijn. All forms are due to Mrs. Van Rijn on

or before Friday, May 15. Ensure these forms are completely filled in and the signature on the back **has been completed**.

A meeting will be held mid-month to vote on the personality award, valedictorian, food choices and music. A Grad Handbook will be distributed at this time with all the details of grad. Watch for update posters in the following locations:

- Mr. Vuch's door
- Mr. Terakita's door
- Mr. Thiessen's door
- Mrs. Roelof's door
- Mrs. Arroyo's door
- the lunch room door (Mrs. Nadeau)



Attention all 1st Semester Hunter Ed. students and 2nd Semester Wildlife students. The proposed trip to Alford Lake is scheduled for June 3-5. Please see Mr. Gibson before Friday, May 8th if you are still interested in going. If there is not enough student interest shown the trip will have to be cancelled for this year. (Mr. Gibson)

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*Don't forget to check your homework at*

[www.kateandrewshighschool.com](http://www.kateandrewshighschool.com)

### Mentorship

The Kate Andrews High School and R.I.Baker Middle School will be wrapping up the mentorship program Thursday, May 7th/2009. The 14 students who have given their time almost every Thursday after school to spend with a middle school as a leader and mentor deserve a big thank you! It is wonderful to see how each student has taken on the responsibility of this role and I am very proud of each of them. The mentorship program helps to send a bigger message to all students that we want a safe and caring environment for all students. (Mrs. Mutch)

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A keen sense of humor helps us to overlook the unbecoming, understand the unconventional, tolerate the unpleasant, overcome the unexpected, and outlast the unbearable. - Billy Graham

Operation Minerva

Operation Minerva is a program that targets Grade 9 girls to encourage them to pursue a post-secondary education or career in science, engineering or technology. There has been a need to raise awareness about the small number of female students choosing science, math, engineering and technical careers in Alberta. The overall objective of the program is to help girls feel less intimidated by science, engineering and technology by connecting them with female mentors and to encourage them to pursue an education or career in one of those areas. Through hands on science activities on campus at the U of L and a unique job shadowing experience from a variety of science professionals around Lethbridge, the girls discovered how diverse the sciences can be and how successful women can be in these disciplines.

Off-campus job shadow opportunities consisted of hands-on experiences at the Canadian Food Inspection Agency, Lethbridge City Hall, Helen Schuler Nature Centre, CTV Television, Lethbridge College (Conservation; Massage Therapy), Bayer Crop Science, Research Centre, and Draffin's Pharmacy. On-campus activities included visits to the departments of Biology and Plant Biology, Chemistry and Biochemistry, Physics, Neuroscience/CCBN

Grade 9 Badminton News

On Saturday April 25 the badminton shuttles were flying. KAHS grade 9 boys under the coaching of Mr. Swen played at KAHS and competed with the following three teams:

- Team #1: Dawson Clark and Jared Olsen
- Team #2: Blake Brett and Riley Roth
- Team #3: Cody Ober and Matt Tokariuk

The boys played a competitive tournament with 10 wins.

The girl's grade 9 team under the coaching of Mrs. Nadeau played at R.I.Baker with the following four teams:

- Team #1: Aimee Santangelo and Jasmyn Meston
- Team #2: Dalyce Lengyel and Hailey Kloot
- Team #3: Lisa Overweg and Kaylene Neufeld
- Team #4: Tannis Chartier and Keisha Beardy

The girls played to a last place finish against some very strong city teams. We finished with 7 wins.



Alford Lake Trip

Centre, Computer Sciences, Broadcasting and Kinesiology.

There were 10 Grade 9 girls participating in this event from Kate Andrews: Taylor Anthony, Taylor Bartel, Lindsey Beekman, Tannis Chartier, Dalyce Lengyel, Lisa Overweg, Danae Pattimore, Shaylee Scott, Katie Walmsley, and Tasha Worne.



Tasha, Lindsey, Danae and Shaylee are pictured above dressed in full biocontainment suits getting an idea of what it is like to work in the anthrax lab at the Canadian Food Inspection Agency! (Mrs. Flexhaug)

REGIONAL WORLD SKILLS COMPETITION



KAHS fielded a team of 10 competitors at the April 30 Regional Skills competition held at Lethbridge College. Congratulations to Isabella

Scrigner who took the Silver medal in Culinary category, and Layne Wilson who won Gold in Fashion Design. Well done! Isabella and Layne now advance to Provincial competition in Edmonton on May 12 - 14. We're proud of our other competitors as well (Danielle Klassen, Amanda Fehr, Sara Dueck, Leanna Santangelo, Amber Napper, Caitlin Brett, Hailey Fox and Jordann Wiebe). Thanks also to our coaches Mrs. Roelofs and Mr. Atwood.



No Classes on May 15

The school will be closed on Friday, May 15 as teachers will be engaged in district wide professional development activities on that day.

Nothing limits achievement like small thinking; nothing expands possibilities like unleashed imagination. - William Arthur Ward

KAHS Band/Choir Spring Tour

1. Band/Choir Tour is Wednesday May 20-Friday May 22 (Red Deer/Calgary). Medical forms (to be sent home this week) and final payment are due on Monday May 11. The students will leave from KAHS on the Wednesday approximately 11:00 am and will return mid-afternoon on the Friday. They will perform at the ABA (Alberta Band Association) Festival of Bands in Red Deer Wednesday evening and at Glenmore Christian Academy on Thursday afternoon. They will also be attending a concert by the Calgary Philharmonic Orchestra on Thursday night.
2. Final Band/Choir Concert is slated for Monday June 1, 7:00 pm, Southminster United Church** please note the change of venue - it is NOT at the university!
3. KAHS Concert Band represented the school very well at RI Baker for "Music Monday" (today) - there were a lot of future KAHS music students in the audience who were very impressed with our performance! (Mr. Hogg)

What You Need to Know about Human Swine Flu

What is swine flu?

Swine flu is a new type of influenza (flu) that is causing serious illness in Mexico. There have also been cases in many other countries including Canada.

How do you get swine flu?

This illness spreads easily from person to person. When a person with swine flu coughs or sneezes, the germs can float in the air where others can breathe them in. The germs can also live on counters and doorknobs. If you touch these and then touch your mouth or nose you could get swine flu.

What to look for?

Those with swine flu will have symptoms much like regular influenza (flu). You may have:

- fever
- cough
- tired
- not hungry

People with swine flu may also have:

- runny nose
- sore throat
- upset stomach
- diarrhea

If you have been to Mexico recently or have been around someone who has, and have these symptoms, you may have swine flu.

What if I've been to Mexico and now don't feel well?

If you have been to Mexico and show symptoms of swine flu with a fever of more than 38 degrees Celsius and a new cough you should stay at home. Be sure to get rest and try not to be around others. Call **Alberta Health Link 1-866-408-5465** for more information or www.albertahealthservices.ca

If you don't feel better, call your doctor to make an appointment. Be sure to tell them if you have been to Mexico or around someone who has.

If you need to go to the Emergency Department, tell the nurse your symptoms and where you have travelled.

Are you travelling to Mexico?

As of April 27 2009, the Public Health Agency of Canada is asking travelers from Canada to postpone travel to Mexico until further notice.

If you must travel to Mexico be sure to wash your hands regularly, cover your mouth when coughing or sneezing and try to have as little contact with others as possible.

Social 20-2 Bake Sale

The bake sale that Mr. Dawydiuk's Social 20-2 class put on to raise money for Right to Play raised \$350. It was a great success and a giant thank you goes out to all students who helped bake and sell as well as the staff and students for their contributions. (Mr. Dawydiuk)

Life is a grindstone; whether it grinds you down or polishes you up depends on what you're made of. - Jacob M. Braude

Coaldale Musical Arts Society

The Coaldale Musical Arts Society wishes to thank Mr. Hogg and the Kate Andrews bands and choir for their terrific performance at the Dessert Concert and Silent Auction. We would also like to thank Mrs. Van Rijn and Mrs. Cunningham for offering their time to supervise and to Mr. Roberts for doing a great job as MC. Thank you to all the parents who helped out with the various jobs. We had a very successful evening because of everyone's contributions. Thanks again! (Mrs. Winters)

Character is a quality that embodies many important traits, such as integrity, courage, perseverance, confidence and wisdom. Unlike your fingerprints that you are born with and cannot change, character is something that you create within yourself and must take responsibility for changing. - Jim Rohn

Staffing Changes at KAHS (and Pass+)

Springtime in Education circles often brings with it an abundance of change - particularly in staffing. Congratulations to Mrs. McCrea (Principal at Pass+) who intends to retire at the conclusion of this school year. She has served the schools of Coaldale in different capacities for many years, and has found the work gratifying and students endearing. We thank her for her work in fostering the school and its students, and we wish her the very best. There will be other changes concerning Pass+, as it will come under the administrative umbrella of Kate Andrews High School beginning in September.

Congratulations also to Mr. Tate (Kate Andrews VP) who has accepted a posting as Principal to the 14 Palliser Hutterian schools for the upcoming school year. His many years of service to Palliser students in different communities - most recently at KAHS have been very rewarding and contributed to his preparation for the work he looks forward to.

The addition of PASS+ to the administrative duties of KAHS, together with our high enrolment will necessitate hiring two persons to serve as Vice Principals under Mr. Roberts.

Missing Horns - Help?

In reviewing the instrument inventory for Kate Andrews High School and R.I. Baker Middle School, it has been discovered that 4 Double French Horns have gone missing sometime during the last 5 or 6 years. To replace these

French Horns would cost between \$16,000 and \$20,000. It is our hope that they are simply in someone's garage or basement - perhaps they were borrowed over a summer or a student overlooked returning them. If you have any information leading to their safe return, please contact Kade Hogg (403-345-3383) or Travis Conrad (403-345-3340).



Life is a grindstone; whether it grinds you down or polishes you up depends on what you're made of. - Jacob M. Braude

4-H Premier's Award Winner Announced

Youth Ambassadors will represent 4-H at events throughout North America.



Olds... Rosie Templeton is the winner of the Alberta 4-H program's most prestigious award. Rosie was chosen from among 90 of the provinces top 4-H members to receive the Premier's award during the 52nd annual 4-H Selections program at Olds College, May 1 - 4.

"Agriculture is a vital part of Alberta's economy and for over 90 years 4-H has played an important role working with the youth in our rural communities," said Premier Ed Stelmach. "Through their various programs and training courses, 4-H is helping prepare and develop talented and committed young men and women to become the future agricultural and business leaders of our province."

"Participants in 4-H excel in the areas of leadership and teamwork thanks to the experiences they gain through their clubs. These skills will allow them to continue building on the strong agriculture heritage of our province," said George Groeneveld, Minister of Agriculture and Rural Development. "The government is proud to be helping to build legacies, support rural communities and develop future leaders through our continued involvement with the 4-H program."

Rosie, a seven-year 4-H veteran and member of the Readymade 4-H Beef and South Country Judging Clubs, has realized many feats during her 4-H career. Most recently, Rosie's exceptional communications skills resulted in being named 2009 Provincial Public Speaking

champion, while her discernment and awareness earned her the title of Regional Judging Champion. She is the recipient of a Platinum Award of Excellence, and has held every position on her club's 4-H Executive, from club reporter to president. As Premier's Award winner, Rosie's passion for the 4-H program will serve her well as she acts as a representative for 4-H on a provincial level.

"It is a great honour to receive such a prestigious award. This proves that the opportunities of 4-H members are endless, and I cannot wait to see where this position takes me," asserted Rosie.



In addition to the Premier's Award announcement, 41 senior-aged members were chosen to represent 4-H at major educational programs throughout Canada and the United States during the 2009/10 year. Fourteen 4-H Ambassadors were also selected to serve a two-year term promoting 4-H and youth involvement in Alberta.

4-H is Alberta's longest running rural youth program with more than 6,500 members and over 2,100 leaders participating in close to 400 clubs across the province. For more information, visit www.4h.ab.ca or contact the provincial 4-H office at 780-422-4444. (Government of Alberta News Release)

Report Cards

The last term report card will be distributed to students on Wednesday, May 13. Teachers are just a phone call or email away, so if parents have any questions at all, please don't hesitate to be in touch.

Victoria Day Holiday

There will be no school on Monday, May 18 as we celebrate the Victoria Day holiday.



True or False??

- ✓ Queen Victoria's first act after her coronation was to move her bed out of her mother's room and into her own.
- ✓ Queen Victoria's first language was German.

- ✓ Queen Victoria insisted her late husband Albert's clothes be laid out each morning, even after he had been dead for 40 years.
- ✓ Queen Victoria once gave her husband Albert a solid silver sandwich box.
- ✓ Queen Victoria and her husband Albert had nine children.

Activity and Achievement



It's that time of year again when kids pull out the books and put in extra time studying for upcoming exams. Did you know that by boosting activity, kids can do even better on their test scores?

What is the link between being physically active and doing well in school?

Research shows that students who dedicate a lot of time to physical activity have grades that meet or exceed those of students doing less physical activity. Active students show increased brain function, higher concentration levels, better self esteem and improved behaviour. Brain function may also benefit from physical activity due to increased energy levels and time spent outside of the classroom and away from studying.

How can students be active and get good grades?

Regardless of grade level or age, students should be encouraged to participate in physical activity during and after school. Grade 1-9 students in Alberta are required to complete 30 minutes of Daily Physical Activity (DPA) in school. High school students should be encouraged to participate in physical education and/or extracurricular fitness activities or sports. Teachers and parents can support better classroom and studying behaviours by promoting short "fit breaks" and being healthy role models. Be kind to your brain – study hard and be active!

For more information visit:

- www.activelivingresearch.org
- www.healthycanada.ca/paguide

Examinations Begin

Grade 9 students will begin their examination process on Wednesday, May 13. On that day, they will write Part A of the English Language Arts provincial achievement test. Thereafter, classes will continue as usual, through the last

full day on Wednesday, June 17th. A full final examination schedule will be released to students by mid-May, and will be summarized in the June newsletter.



Easter in Athens and Istanbul

...13 days, 3 schools, 43 students, 6 chaperones, two European countries (Greece & Turkey), great memories ... **PRICELESS!**



Ephesus



Istanbul – The Blue Mosque

Without question, travelers gained life experiences they found enriching and positive. Besides the wondrous new sights, and endless meals aboard the ship, the excursion provided an opportunity to immerse (however briefly) in a very different culture, and come to appreciate it more fully. Chaperones have expressed their thanks at the positive and cooperative nature of our student travelers, and the new friendships established between schools. Next year ... the Nile????

