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www.kateandrewshighschool.com

NEWSLETTER

FEBRUARY





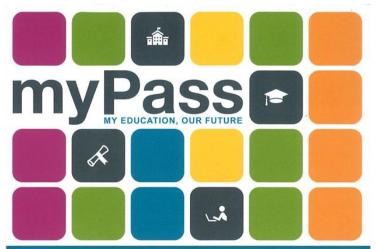
Power School Portal will Re-Open on January 31st.

KATE ANDREWS HIGH SCHOOL

As all Semester 1 Final Exams will be completed and marked as of January 30th, the Power School Parent and Student Portals will open again by January 31st. Please note – for DIPLOMA COURSES, the marks shown will not include any Diploma Exam marks as we do not have these results yet.

Diploma Exam Marks

Alberta Education no longer mails out Diploma Exam results. In order to find out your Diploma Exam results you will need to register with myPass.alberta.ca.





 myPass is an Alberta Education secure self-service website for high school students to:

- ✓ View and print diploma exam results statements
- Order transcripts
- And more

Visit myPass.alberta.ca to request access.

Alberta

Semester 2 begins on Monday, February 3rd.

<u>overdue.</u> Unless alternate arrangements have been made with Mr. Grimes, students who have outstanding fees (School fees, Athletic fees, lost book fees, etc.) from Semester 1 will not be given books for Semester 2 classes until these fees are cleared up.

If you are experiencing financial hardship and are not able to pay your fees, please contact our office. We want all students to have the books and materials that they need to succeed in their classes. We are willing to help to arrange a payment schedule, involve other services such as KidsSport or in some cases, waive the fees. However if you don't contact us, we don't know.

A 2019/2020 Fee Schedule is attached to this newsletter.

Planning for **Grad 2020** will be getting underway in the coming weeks. Please keep an eye on the GRAD page, on the Kate Andrews High School web page for up to date information regarding Grad. Students should also check their school email regularly for Grad information.

Staff from KAHS have no affiliation with planning parties such as Dry Grad or Safe Grad. Both of these events are planned completely independently of the school, by parent and student volunteers, if they wish to do so. Any information that the KA Office is aware of, regarding contacts for these events will be included on the Grad Tab of the KAHS Website for the sake of information sharing only.

GRAD PORTRAITS

Individual Grad Photos will be taken on **February 24**th – **26**th in the Drama Room.

Sessions will be 30 minutes long and the sitting fee is \$40.00 To book your appointment, go to www.lifetouch.ca/southernalberta. If you have any questions or concerns, please contact Lifetouch at 403-327-2658.

Every Grad must have a photo taken, even if they do not plan to purchase a package from Lifetouch so that they can be included in the Yearbook and the 2020 Class Composite. If you do not wish to pay the \$40 sitting fee/do not wish to purchase any grad portraits, please contact the Lifetouch office or the KA Office to set up a quick (5 minute or less) appointment so you can be included.





Skills Canada Competitions feature the talents of Alberta's trade and technology students. Regional Skills Canada Competitions (RSCC) connect students to local post-secondary and industry leaders. By taking their skills out of the traditional classroom setting, students gain an appreciation for where their skills can take them, and are inspired to develop their skills and reach for their personal best.



Students interested in competing in the Regional Skills competition should speak to their CTS teacher.

BAND FUNDRAISERS

The band students are currently selling Booster Juice Vouchers. The vouchers are \$5.50 each and are valid for one 710 ml regular smoothie - a savings of over \$1 as opposed to paying regular price! \$1.25 from each voucher goes towards the band trip in May where band members will travel to the Moose Jaw Music Festival.



Interested in Green Certificate? Register for AGR3000 training day and complete Green Certificate prerequisite in a single day.

Lethbridge When: Friday, February 28, 2020

Location: Agriculture & Trades Training Facility (located at

21112 1 Ave S - Jail Rd- AB-512) Lethbridge, AB

Time: 9:00 am to 4:00 pm

Lunch is provided - dietary restrictions cannot be

accommodated.

Free for Green Certificate Trainees.

Cost is \$30 for other students (cash only – due at arrival)

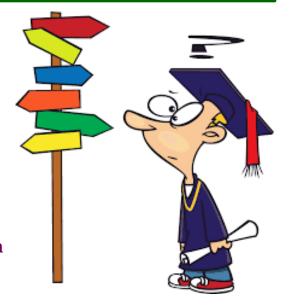
Register online at: <u>AGR3000 - February 28 Registration</u>
Or email (marina.grant@lethbridgecollege.ca) or phone 403-634-6308

Registration deadline is Tuesday, February 25. A minimum number of students is required to offer this course. Please register early!!

KA students who have questions about this should contact Ms. Coutts, Off Campus Coordinator (Jennifer.coutts@pallisersd.ab.ca)

Any students, especially Grade 12's who would like to discuss credits and post-secondary plans should see Miss Meurs as soon as possible. Please email her at <u>jo-anna.meurs@pallisersd.ab.ca</u> to set up an appointment.

There are many scholarships and bursaries available with application deadlines quickly approaching. Please make sure to check out the KA, Career & Academic Counsellor tab on our webpage for a complete list of these.





Congratulations to our Curling Team (Jasmyn Kallen, Jaden McIntyre, Sarah Peters, Ethaniel Ericksen) for winning Districts in Vulcan. Good luck at the Zone Championships February 3th and 4th.





SPRING SPORTS are almost here! Watch for news and important meeting dates regarding the following sports:

Badminton, Baseball, Softball, Track and Field.

March madness is just around the corner!





Student Council will be selling Candy Grams for Valentine's Day.

They will be on sale at lunch time from February 10-13, and will be delivered during the day on February 14.

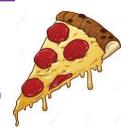


The Leadership Class is planning a <u>Make-Your-Own Pink Shirt Day</u> shirt at lunch hours on February 24 & 25. Students bring in their own plain white or pink shirts, and will be able to screen print on an exclusive KA logo to show they care! Students can check out daily announcements for more details!





Pizza <u>Thursday</u> is Back! Student Council is moving their pizza day back to Thursdays, starting February 6. Students should be on the lookout for new restaurant features as we look to support multiple businesses in our community!





"WE" WEDS

\$6.00 LUNCHES!

Courtesy of...

"WE" Create Change



Weds. Feb. 5th



Reg. Hot Dog with pop/water & bag of chips (\$5.00) Chili/Cheese Dog, pop/water & bag of chips (\$6.00)



Weds. Feb. 12th



Hamburger, pop/water & bag of chips



Weds. Feb. 26th



Pulled Pork Bun, pop/water & bag of chips



KATE ANDREWS HIGH SCHOOL



KATE ANDREWS HIGH SCHOOL

2112 – 21 Street, Coaldale, Alberta, Canada T1M 1L9 Phone: 403-345-3383 Fax: 403-345-5767 www.kateandrewshighschool.com



SCHOOL FEES: 2019-2020 SCHOOL YEAR

BASIC SCHOOL FEES								
Grade 9	\$102.00	Palliser Technology Fee (\$35.00) Food Studies (\$31.00) Industrial Arts/Shop (\$31.00) Student Council Activity Fee (\$5.00)						
Grade 10-12	\$40.00	Palliser Technology Fee (\$35.00) Student Council Activity Fee (\$5.00)						
All Students	\$20.00	Experiential Learning Week (ELW) Fee (Will be charged in Semester 2, only if ELW occurs.)						
PER COURSE FEES (Applies to Grade 10-12 ONLY): (these fees pay for specific costs incurred for the class for supplies, field trips, etc.)								
Grades 10 - 12	\$20.50	Cosmetology						
Grades 10 – 12	\$31.00	Art						
Grades 10- 12	\$31.00	Construction/Fabrication						
Grades 10- 12	\$31.00	Electronics						
Grades 10- 12	\$31.00	Mechanics						
Grades 10 - 12	0 – 12 \$31.00 Fashion Studies							
Grades 10 - 12	\$31.00	Food Studies						
Grades 10 - 12	\$41.00	Physical Education						
Grades 10 - 12	\$31.00	MUSIC - BAND						
Grades 10 – 12	s 10 – 12 \$20.50 MUSIC - CHOIR							
Grades 10 - 12	12 \$20.50 MUSIC - GUITAR							
Grades 9 - 12	\$100.00	Instrument Rental						
Grades 9 – 12	\$410.00	Hockey Academy						
		OPTIONAL FEES						
Grade 9 – 12	\$41.00	Yearbook						

All BASIC School Fees are <u>due before school begins</u>. Students who have outstanding fees from previous years or who have not paid the Basic School Fees (\$102 for Grade 9 or \$40 for Grade 10-12) WILL NOT receive text books until these fees are paid.

Most Grade 9 students are registered in both Foods & Industrial Arts. The fee will be removed for any student who is not taking these courses.

We want students to have books! Any families who are experiencing financial difficulties and as such are not able to pay basic school fees before classes begin, are encouraged to speak with Mr. Grimes to discuss payment plans or other options.

The Grade 9 fee of \$102.00 and the Grades 10 – 12 Fee of \$40.00 is due before students receive their lockers, books and opening day packages on their Registration Day.

The *Per Course fees* (which apply only to Grades 10-12) for the first semester will be invoiced on September 30th, 2019 and then on February 28th, 2020 for the second semester.

The Per Course Fees pay for costs associated with specific supplies or services used in that particular class. (i.e. – groceries for Foods, wood or metal for Construction/Fabrication, Music for Band, Choir, Guitar, thread/machine maintenance and limited supplies for Fashion Studies or Field Trip costs for Phys. Ed.)

Students in Grades 10-12 who drop courses after September 30th, 2019 and February 28th, 2020 respectively will forfeit their fee.

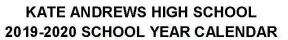
Fees for the 2019/20 School Year will be posted to SchoolCashOnline by August 16, 2019.

Palliser Regional Schools uses SchoolCashOnline for School Fees, Athletic Fees, and other program fees throughout the school year. Cash or cheques are accepted in the office if you are not able to use SchoolCashOnline, however we strongly encourage online payments. The link for SchoolCashOnline can be found on the KA Webpage.

Athletic fees are separate from school fees and can be found in the athletics handbook. Athletic fees are due at the BEGINNING of each sport season.

FEBRUARY, 2020







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Septemb	per 23, 20	19 (Sum	mit Day)		Site PD Days				February 20 and 21, 2020						
Novemb	er 12, 20	19			August 26 and 27, 2019				KAHS Site PD						
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					May 15	5, 2020					March 2	3, 2020.			
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	year be	_	-						XX		Students		18		
First day for students: September 3,				And the second s				Prof. Dev. Days (Palliser Directed)							
Semester 2 begins: February 3, 2020							Site Based Prof. Dev. Days								
Last day for students: June 26, 2020								Summer Break							
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Talk to your career practitioner about attending EPIC

looking for more info?

VISIT: www.careersteps.ca/epic (403) 328-3996

Healthy Teens

February 2020 Parent Newsletter



Early Specialization in Sport

Sport is an important aspect of school life. The benefits of being active and participating on a team, or as an individual, are widespread. From increased positive mental and physical health, to greater social skills, athletes can gain a lot from participating in sport. However, even with so many benefits, there can be too much of a good thing. If an athlete spends too much time and energy in one sport, isolating them from friends and other opportunities, it can decrease their social and psychological growth.

In regards to physical health, specializing in one sport too early can limit the range of skills an athlete possesses and their overall motor skill development. This lack of skills and, often, a lack of confidence, can potentially affect lifelong involvement in physical activity by discouraging the athlete from participating in other activities.

Lastly, early specialization in sport can actually change the way an athlete's body grows and develops because of increased stress on the body and repetitive injuries.

If your teen chooses to specialize early, pay attention to signs of burnout and isolation and talk with your teen and their coach about opportunities for cross training. Remember that having fun is an important factor to being active for life!



For more information visit http://canadiansportforlife.ca/ parents

Articles

Early Specialization in Sport

Developmental Assets

One of the most common things that people identify as a benefit of smoking is stress relief. But did you know that many studies show that smoking can actually increase stress? What smoking does is relieve nicotine withdrawal symptoms, which can be stressful, but this is only short term.

Quitting is hard, but it is easier with help. You can call AlbertaQuits at 1-866-710-QUIT or visit www.AlbertaQuits.ca



Healthy Teens

February 2020 Parent Newsletter

Developmental Assets

Given the enormous responsibility that parents and caregivers have as major influences in a child's life it's normal to sometimes feel uncertain when it comes to raising your teens. The Search Institute has identified a list of 40 research-based, positive experiences and qualities that influence young people's development, helping them become caring, responsible, and productive adults. Below are examples of some developmental assets for you as a parent to consider and discuss with your teen.

- Supporting and loving your child – Do you and your teen communicate positively? Does your teen receive support from other non-parent adults?
- Empowering your child Is your teen given useful roles in the community?
- Setting clear and realistic boundaries – Does your family have clear rules and consequences?
- Helping your teen use her or his time in meaningful, constructive ways – Does



your teen spend 3 or more hours per week in extracurricular activities?

- Encouraging your teen to develop a lifetime commitment to learning – Does your teen want to do well in school?
- Instilling positive values in your teen – Does your teen place high value on helping other people? Does your teen tell the truth even when it's not easy?
- Developing social competencies in your teen
 Does your teen know how

- to plan ahead and make choices? Can they resist negative peer pressure and dangerous situations?
- Encouraging your teen to form a positive identity— Does your teen feel good about themself?
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For the full list of developmental assets and to learn more visit www.search-institute.org

HOST international student!



Learn new customs and create lifelong friendships

MLI Homestay is seeking enthusiastic and caring

Coaldale/Lethbridge

families to host Japanese Students (13-15 years old)

MALE & FEMALE STUDENTS

students staying 8 nights from Mar.15-23, 2020

Student will stay with host family for the weekend

Programming at Kate Andrews High School Families will be compensated \$320 to host 1 student for 8 nights

They look forward to spending evenings and the weekend with their host families!

Register online at www.mlihomestay.com/apply-to-host.html

Compensation provided! To sign-up, or learn more about this exciting cultural-sharing opportunity, please contact:



Samantha Spiegelberg 403-849-0590 Sherisse 403-360-1154 mandsspiegelberg@yahoo.ca www.mlihomestay.com





February 2020

**	A -		-V-74			
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
2	First Day of Semester 2 Classes Power School Portal Reopens	4	We Wednesday \$5 Hot Dog \$6 Chill/Cheese Dog	1 Slice for \$2 2 Slices for \$5	7	8 Lethbridge College Open House
9	CANDY GRAMS on sale	11	EPIC DAY @ Exhibition Park We Wednesday \$6 Hamburger Lunch	1 Slice for \$2 2 Slices for \$5	Happy Valentines Day CANDY GRAM DELIVERY DAY!	15
16	17	18	19	20	21	22
	NO SCHOOL Family Day	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	
23	GRAD PHOTOS	GRAD PHOTOS	GRAD PHOTOS Pink Shirt Day! *** *** *** *** *** *** ** **	1 Slice for \$2 2 Slices for \$5	28	29