

## **NO SCHOOL**

# There is no school on <u>Wednesday</u>, November 11<sup>th</sup> for Remembrance Day or <u>Friday</u>, November 20<sup>th</sup> as this is a Division-Wide PD Day.



Kate Andrews Athletic Department is looking to make the gymnasium available for student athletes that wish to receive extra training. A survey was sent to students to gauge participation and interest last week. All extra-curricular training will be done within preexisting class cohorts. This opportunity may allow for individualized training or group training, depending on the number of athletes participating in each cohort. Please check our social media and KAHS announcements for updates and scheduling information.

KA'S ANNUAL FOOD DRIVE will take on a different format this year, in support of the Coaldale Food Bank. Students will be encouraged to bring food items in every Friday, during the month of November. Students will receive tickets for items they bring in, which will be put into a draw for prizes. More details about this be available soon.





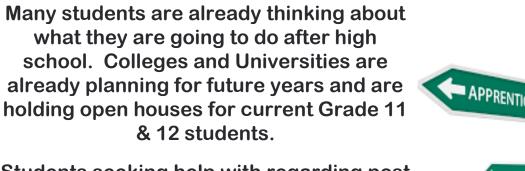
Students do not need to sign in and out at the office when they arrive at school or when they leave, however if a student is not in class the teacher will mark them Absent, and an automated call will go home to the parent/guardian in the evening to let them know that their child was absent. Parents who use the PowerSchool App have the option of enabling Attendance notifications so they can be notified instantly when a student is marked absent.

Students are only excused for an absence when a parent/guardian has excused them by either contacting the office or using the School Messenger App or automated phone number (1-844-260-7166) to report student absences. There is a link to the School Messenger app on the main page of the KA website.

Thank-you for all of the donations and support of our Terry Fox Run, which took place on September 25<sup>th</sup>. KA managed to raise \$1050 which was donated to the Terry Fox Foundation in support of Cancer research. GO PRIDE!



FOUNDATION



Students seeking help with regarding post secondary education are encouraged to make an appointment with Miss Meurs for assistance.



Miss Meurs has posted a comprehensive list of post-secondary open houses, trades opportunities, scholarship information and much more on her webpage at <u>https://www.kateandrewshighschool.com/career-and-</u> <u>academic-counselling2</u>.

# **Scholarship and Financial Aid Presentations**

## Tuesday, November 3 <u>or</u> Thursday, November 5 at 7:00pm

Career Transitions, in partnership with the University of Lethbridge and Lethbridge College, are pleased to host 2 virtual evenings featuring information about scholarships and financial aid at the post-secondary level. There will be a generic presentation by Career Transitions, followed by an opportunity for students/parents to go to breakout rooms with the University of Lethbridge and Lethbridge College to ask specific questions. Staff will be available until 8:30 to answer questions. This presentation is being offered twice, however each night will feature the same presentation - there is no need to attend both evenings.

Interested students/parents need to pre-register for the event: The link can be found on the Career & Academic Counselling Page at KateAndrewsHighSchool.com or clicking here: <u>Scholarship and Financial Aid Presentation Registration Link</u>

## Alberta Milk and ASAA created the Pass Off Challenge for high school students in

Alberta to win a \$5000 CASH Prize for their school athletics program. We had a number of students working on this little project! View their submission at:





https://www.instagram.com/p/CG-Ka09h7Et/?utm source=ig web button share sheet

# Graduation 2021 – Celebrate Life's Important Moments









# Order Day - Wednesday, November 4

(get your finger sized, ask questions, try on rings, place your order)

Time - 11:20 to 12:30

Have Your Jewelry for the Holidays!

Order in School and Receive a Free Hoodie & Gratitude Ring (excludes Tradewinds Rings, P Rings & Senior Jewelry)

Pick Up Your Catalogue at the Office Design Your Jewelry @ <u>www.jostens.com</u>



# PowerSchool Parent Portal

Now that we are LIVE with the PowerSchool Parent Portal, we will not be sending out hard copy report cards or progress reports. If parents require a hard copy report card at the end of each Semester (January and June), they may contact the school office to make arrangements to come in and pick it up.

If you require assistance to set up your account, please contact our office by phone at 403-345-3383 or email to darby.bell@pallisersd.ab.ca or Kristy.darby@pallisersd.ab.ca.

November 2020

Students in Grade 10A Art are working on sculptures which will be part of the display at Coaldale's 2<sup>nd</sup> Annual Winter Lights Festival. The festival will kick off on November 21<sup>st</sup> and run until January 9<sup>th</sup>. These are a few pictures of works in progress.











## SCHOOL FEES: 2020-2021 SCHOOL YEAR

The Grade 9 fee of \$97.00 and the Grades 10 - 12 Fee of \$35.00 are due before students receive their text books.

#### Fees for the 2020/21 School Year are now posted to SchoolCashOnline.

Palliser Regional Schools uses SchoolCashOnline for School Fees, Athletic Fees, and other program fees throughout the school year. Cash or cheques are accepted in the office if you are not able to use SchoolCashOnline, however we strongly encourage online payments. *The link for SchoolCashOnline can be found on the KA Webpage*.

BASIC SCHOOL FEES						
Grade 9	\$97.00	Palliser Technology Fee (\$35.00) Food Studies (\$31.00) Skills – Construction/Fabrication (\$31.00)				
Grade 10-12	\$35.00	Palliser Technology Fee (\$35.00)				
All Students	\$20.00	Experiential Learning Week (ELW) Fee (Will be charged in Semester 2, only if ELW occurs.)				
PER COURSE FEES (Applies to Grade 10-12 ONLY):						
(these fees pay for specific costs incurred for the class for supplies, field trips, etc.)						
Grades 10 - 12	\$20.50	Cosmetology				
Grades 10 – 12	\$20.50	C.A.L.M. 20				
Grades 10 - 12	\$31.00	Art				
Grades 10-12	\$31.00	Construction/Fabrication				
Grades 10-12	\$31.00	Electronics				
Grades 10-12	\$31.00	Mechanics				
Grades 10 - 12	\$31.00	Fashion Studies				
Grades 10 - 12	\$31.00	Food Studies				
Grades 10 - 12	\$41.00	Physical Education				
Grades 10 - 12	\$31.00	MUSIC - BAND				
Grades 10 - 12	\$20.50	MUSIC - CHOIR				
Grades 10 - 12	\$20.50	MUSIC - GUITAR				
Grades 9 – 12	\$100.00	Instrument Rental				
OPTIONAL FEES						
Grade 9 – 12	\$41.00	Yearbook				

All BASIC School Fees are <u>due before school begins</u>. Students who have outstanding fees from previous years or who have not paid the Basic School Fees (\$97 for Grade 9 or \$35 for Grade 10-12) WILL NOT receive text books until these fees are paid.

Most Grade 9 students are registered in both Foods & Industrial Arts. The fee will be removed for any student who is not taking these courses.

We want students to have books! Any families who are experiencing financial difficulties and as such are not able to pay basic school fees before classes begin, are encouraged to speak with Mr. Grimes to discuss payment plans or other options.

The *Per Course fees* (which apply only to Grades 10-12) for the first semester will be invoiced on September 30<sup>th</sup>, 2020 and then on February 26<sup>th</sup>, 2021 for the second semester.

The Per Course Fees pay for costs associated with specific supplies or services used in that particular class. (i.e. – groceries for Foods, wood or metal for Construction/Fabrication, Music for Band, Choir, Guitar, thread/machine maintenance and limited supplies for Fashion Studies or Field Trip costs for Phys. Ed.)

Students in Grades 10-12 who drop courses after September 30<sup>th</sup>, 2020 and February 26<sup>th</sup>, 2021 respectively will forfeit their fee.

## Stay at Home Guide

#### When do I keep my child home?

It's confusing. When should I keep my child home? The new public health measures for COVID-19 mean students and staff who are showing any signs of illness, must stay home from school. To simplify the 'should I keep my child home' and 'how long does my child need to stay home' process, we've created a visual guide to help you understand how our schools are making decisions around managing student illness.

My child is sick. How long do they need to stay home for?

Core COVID-19 Symptoms	Other Symptoms		
<ul> <li>Fever (above 38 °C or 100.4°F)</li> <li>Cough (new cough or worsening chronic cough)</li> <li>Shortness of breath or difficulty breathing (new or worsening)</li> <li>Runny nose</li> <li>Sore throat</li> </ul>	Chills     Painful swallowing     Stuffy nose     Headache     Muscle or joint aches     Feeling unwell, fatigue or severe exhaustion     Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)     Loss of sense of smell or taste     Conjunctivitis (pink eye)		
This is my child. Now what?			
If your child has one of the 'core' COVID-19 symptoms above, they must do the following before returning to school:	This is my child. Now what?		
<ol> <li>Receive a negative COVID-19 test result and no longer be presenting any symptoms, or</li> </ol>	<ul> <li>If your child has one of the 'other' illness symptoms above, they must do the following:</li> <li>1) A COVID-19 test is recommended, but not required. The sick person must stay home and minimize contact with others until feeling</li> </ul>		
<ol> <li>Stay home for a minimum 10 days (or longer if they still have symptoms)</li> </ol>			
How do I get my child tested?	better.		
If your child has one or more of the COVID-19 symptoms above we strongly encourage booking them a COVID-19 Test. This will speed up the return to school process, as the turn-around time	<ol> <li>Before returning to school, the sick person must be completely free of all illness symptoms. No student with symptoms will be allowed at school.</li> </ol>		
for testing are faster than the required 10 day isolation period.	What does it mean to stay home and self-isolate? www.alberta.ca/isolation.aspx		
No official document is required for 'proof' of a negative test result. In a family with more than one child, only the sick child is required to isolate and be tested.	Take the COVID-19 self-assessment test and book an appointment https://myhealth.alberta.ca/journey/covid- 19/Pages/COVID-Self-Assessment.aspx		

and Testing. Retrieved on Sept 4, 2020 from: https://www.alberta.ca/covid-19-testing-in-alberta.aspx

Learn more by visiting our website: www.pallisersd.ab.ca

#### This information is current as of Friday, October 30<sup>th</sup>. Please follow the most current AHS Guidelines.



Many parents and students still have questions about how to deal with symptoms and what to do when they receive positive Covid-19 results for their children, themselves, or others they have been in contact with.

We encourage everyone to follow the information and guidelines provided by Alberta Health Services.

If you have questions please call 811 or visit AlbertaHealthServices.ca

## AHS Information Resources for Parents & Students

#### COVID-19 INFORMATION

#### HOW LONG TO STAY HOME FROM SCHOOL

The amount of time a student needs to stay home from school depends on the type of symptoms. For more details: <u>Isolation requirements</u>

If a student has these symptoms	What to do			
<ul><li>Fever</li><li>Cough</li></ul>	<ul> <li>Isolate at home for a minimum of 10 days from when symptoms started or until symptoms resolve, whichever is longer.</li> </ul>			
<ul> <li>Shortness of breath or</li> </ul>	COVID-19 testing is recommended.			
difficulty breathing	Can return to school before 10 days only if a COVID-19 test is negative			
Loss of sense of smell or taste	symptoms are gone, and the student was not a close contact of someone with COVID-19.			
	<ul> <li>Do not enter any long-term care settings for 10 days and until symptoms have resolved.</li> </ul>			
	<ul> <li>If test results are positive, isolate at home for at least 10 days and follow instructions received from Alberta Health Services.</li> </ul>			
One of the following symptoms:	<ul> <li>Slay home from school and monitor for 24 hours. If after 24 hours your symptoms improve, you may return to school when you are feeling better</li> </ul>			
Chills	<ul> <li>A COVID-19 test is not required but is available.</li> </ul>			
Sore throat/painful swallowing     Runny nose/congestion	Do not enter any long-term care settings for 10 days and until symptoms			
Headache	have resolved.			
Muscle or joint aches	If a child has any two of these symptoms, or after 24 hours, their condition			
<ul> <li>Feeling unwell/fatigued</li> </ul>	gets worse or they develop a second symptom:			
<ul> <li>Nausea, vomiting or diarrhea</li> </ul>	COVID-19 test recommended.			
<ul> <li>Unexplained loss of appetite</li> </ul>	<ul> <li>May return to school after symptoms are gone, even without a COVID-19 test or results.</li> </ul>			
<ul> <li>Muscle/joint aches</li> </ul>				

- Do not enter any long-term care settings for 10 days and until symptoms have resolved.
- If test results are positive, isolate at home for at least 10 days and follow instructions received from Alberta Health Services.

For more details: alberta.ca/returntoschool ©2/20 Government of Alberta. Published: October 20/20

Headache

Pink eve (conjunctivitis)



#### November 2020



EMAIL EVENTS@NEXTGEN.ORG OR CALL1-888-757-7172 FOR MORE INFORMATION careersnextgen.ca/virtual

ESPECIALLY ON RANDOM ACT OF KINDNESS DAY



Celebrate Random Act of Kindness Day with the Community Foundation on Friday, November 6

Perform a random act of kindness and share it on social media using the hashtag #rakdayCFLSA and you could win a \$500 Kindness Grant for the local CRA-registered charity of your choice!



C @cflsa

For full contest details, visit www.cflsa.ca or call (403) 328-5297





#### November 2020

# November





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Scholarship & Financial Aid Presentation 7 pm	4 Josten's Grad Jewelry Order Day @ Lunch Break	5 Scholarship & Financial Aid Presentation 7 pm	6 FOOD DRIVE FRIDAY! Random Acts of Kindness Day	7
8	9	10	NO SCHOOL 11	12	13 FOOD DRIVE FRIDAY!	14
15	16	17	18	19	20 NO SCHOOL (PD Day)	21
22	23	24	25	26	27 FOOD DRIVE FRIDAY!	28
29	30					