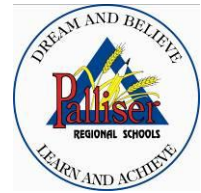




KATE ANDREWS HIGH SCHOOL

2112 – 21 Street, Coaldale, Alberta, Canada T1M 1L9
Phone: 403-345-3383 Fax: 403-345-5767
www.kateandrewshighschool.com



June 2015 Newsletter

Grad tickets are on sale until June 4th – see grad info

Superintendent's Message for June 2015

Stakeholders were right: Common vision key to success



At the end of May, the Board of Trustees played host to its second-ever division-wide stakeholders meeting, bringing together a diverse mix of students, parents, staff and public to build on “A Community Conversation” held in 2012.

This event, called “A Community Conversation 2015” reviewed what we’ve done as a division to build on the factors of school success participants told us they most valued three years ago.

One of those factors of school success was a common vision. At the time, Palliser had only recently hired a part-time literacy coach, to work side-by-side with teachers across the division to change how we teach reading and writing.

Think about how much we have changed in those three years. Today, we see intentional, purposeful and effective literacy instruction at all grade levels in all corners of Palliser. We see our youngest students learning a love of reading through self-identification of books just right for them. We see our older students expressing themselves with an ever-expanding vocabulary that connects their inner selves (their thinking and feelings) with their growing knowledge of the world. They are students, not just of sciences, math or language. They’re students of connected ideas from across the range of their experiences.

Our stakeholders were right in 2012. Common vision is a powerful thing and it is building success across Palliser.

We are only in our second year of division-wide assessment of reading of students reading up to a Grade 7 level. Over time, the data collected in these assessments will show more and more students are gaining the reading skills they need. That’s just the beginning. We’re already seeing our high schools adopting literacy to meet their students’ advanced needs. We see a growing number of teachers rethinking their instruction and finding ways to meet every student’s individual needs.

We have made huge strides, and I congratulate our staff for making this vision their own. Further, as we did at our stakeholders’ meeting, I encourage you to find your own way of supporting literacy, particularly over the summer when some students may lose their momentum. Taking your child to a bookstore or library and encouraging them to read the book(s) of his/her choice; reading aloud together; making a scrapbook of photos and words about your summer vacation are all ways you can support this shared vision of literacy in Palliser.

Have a great summer.

Kevin Gietz, Superintendent
Palliser Regional Schools

Information for KAHS Grad 2015

For more information check our website under Grad Info.

Convocation rehearsal is on Thursday, June 25 at Southminster United Church, 1011 – 4 Avenue S. Lethbridge at 1:00 pm. All grads must attend this rehearsal. Rehearsal should take 1-1 ½ hours.

Convocation is on Friday, June 26, at 2:00 pm. All grads must be at the church by 1:30 pm. This ceremony takes approximately 2 hours.

Banquet is on June 26th at 5:30 pm sharp at the Lethbridge Lodge. Grads must be upstairs by 5:15 pm to line up for the grand entrance.



Banquet tickets will go on sale June 1 – June 4th at noon only in room 202. Grads must purchase a ticket for themselves and their guests.

Please have your baby photos, for
the slideshow, in to Mackenzie Kingston as soon as possible

.....

Coaldale Dry Grad 2015 - Celebration Party - June 26th

Next 2 meetings: Tuesday, June 9, 2015 at 7:30 pm & Tuesday, June 23/2015 at 7:30 pm

Location: 2015 21 Street, Coaldale

Registration Forms for Dry Grad 2015 can be picked up from Nicole Lefler or Mackenzie King.

Early Deadline was May 31/2015 but still not late to register for the fun.

Check us out at Facebook page - Coaldale Dry Grad 2015 to see what we are all about.

Mission Statement: To provide a fun & memorable celebration for the graduating class of KAHS and Pass+ a well-planned event that is drug & alcohol free.

April Student of the Month

Our April Student of the Month is a young woman who demonstrates many excellent character qualities. She has a quiet, kind, and pleasant manner with both staff and students and shows maturity beyond her years. She is consistently dedicated to doing her best, and perseveres through difficult academic challenges with a positive attitude. She has a gift of meeting and rising to whatever situations come her way and steadfastly puts life's challenges into perspective. She is always punctual and ready and willing to help out without being asked.



During her time at Kate Andrews this young woman has been very involved in a number of school activities. In grade 10 she was a member of our Junior Varsity Volleyball team and received the Most Improved Player award. She played volleyball for KA again this year. She was a member of our KA JV Girls' softball team in grade 10 and presently is on our Senior Varsity team. This young woman is gifted musically and is a valued member of our school choir. She has an incredibly positive attitude, shows great leadership by asking insightful questions, and is willing to work on her music until she gets it right!

Her great organizational skills, hard-working attitude, and infectious school spirit make her a wonderful asset to our Student Council, where she holds the position of Vice President. At a recent School Council meeting she was articulate in her ability to voice what the Student Council was hoping to achieve, and represented our student body very well. Her leadership skills and willingness to work with others for a cause have been appreciated in both the We Day and We Create Change campaigns.

Showing leadership and making a difference in her world are important to our April Student of the Month. In Grade 9 she was fortunate to be chosen to be part of the Encounters with Canada program in Ottawa, which brings together high school students from across our country. In March of this year she attended the Palliser Regional Schools Leadership Symposium in Calgary.

4-H has played a very important part in her life for eight years; the first four years in the Coaldale Equestrian Club and the past four years in the Wild and Woolly 4-H Sheep Club. She has earned her bronze, silver, and gold awards in 4-H and is presently working to achieve her platinum. She enjoys public speaking and competes yearly as part of 4-H, achieving third place at the regional level. She has held the positions of club reporter, vice-president, and president and she's currently serving as the secretary. As a representative of 4-H she has been involved with the Lethbridge Exhibition Youth Council.

Volunteering is important to our April Student of the Month. After the High River flood she was part of a group that worked with Mennonite Disaster Services to help with the cleanup. For the past three summers she has served at Southern Alberta Bible Camp as part of their recreation staff, planning and implementing activities for campers. She looks forward to serving there again this summer. Occasionally she also volunteers at the MCC Store in Lethbridge.

This young woman has a number of passions including hiking, snowshoeing, snowboarding, camping, boating, photography, baking, decorating rooms, shopping at the Gap, and spending time with friends and family!

After graduation our April Student of the Month plans to participate in a Youth With A Mission trip to Australia and Switzerland. When she arrives home she is considering attending Mount Royal College to get her Bachelor of Interior Design and then the University of Calgary to get her Master's degree in Architecture.

Please congratulate our April Student of the Month, Kayley Dueck, daughter of Emery and Sharon Dueck.

Textbook Returns

When: Friday, June 19th to Thursday, June 25th

Where: Textbook Room (next to room 110)

Times: 8:30 – 9:00 a.m. and 12:00 p.m. – 12:30 p.m. (1/2 hour before each exam)

Why: Mrs. Wittebolle hunts you down if you don't return your books AND you don't get any textbooks for the next semester/school year.

You will receive an email, sent to your school email account, before exams start with a list of ALL the books you have signed out. This will have books from both the library and the textbook room.

CTS Textbooks

If you are finished with the textbooks or duo-tangs for your CTS course you are more than welcome to return the books before exam week to Mrs. Wittebolle in the library.

Textbook Pickup for the 2015/2016 School Year

Grade 10, 11, and 12 students can pay their school fees and pick up their textbooks on Wednesday, August 26th.

Grade 9 and all new students can pay their school fees and pick up their textbooks on Friday, August 28th before their orientation begins.

Why Can't I Get Textbooks?

You haven't returned your textbooks from last semester!! If you have "lost" a textbook you will need to pay for it before you can get your new texts. If you're not sure if you've returned all of your books check with Mrs. Wittebolle. She doesn't bite...honest!

Athletics

The Kate Andrews Athletic Awards will take place on Thursday, June 11th at 7:00 pm. All athletes and parents are encouraged to attend.

2. Hockey Academy registrations are due June 1st. Contact Mr. Holland for more details.

3. June volleyball practices are starting next week. All students interested in playing volleyball in the fall should attend.

The girls will have open gym on June 2, 9 from 7-9 and June 16 from 3:45-5:30pm.

The boys will have open gym on June 1, 8, 15 from 4:00 - 5:30pm.

Track & Field

All volleyball players should sign the sign-up sheets on the door to the PE Office.

LSAA Grade 9 Track and Field Zones June 3rd at the U of L. Senior High Track and Field Provincials June 5th and 6th at the U of L"

WE Did it!
Supporting in 2014-15
THE YEAR OF
EMPOWERMENT



Show your belief that every girl and woman overseas should have the opportunity to empower themselves!

Money raised to date:

\$5,000

School Goal = **\$5,000.00**

Goats Purchased = 100

School Goal = **100**





Join us in Claresholm for
the 46th Annual
Southern Alberta Summer Games
July 8-11, 2015



Choose up to 3 Sports or Events to compete in:

2.5/5/10K Run	Athletics	Archery	Badminton	Ball Hockey
Basketball (3 on 3)	Baseball	Beach Volleyball	Cribbage	Cycling
Darts	Equestrian	Golf	Photography	Shooting
Soccer	Swimming	Tennis	Triathlon	

Registration forms will be online at www.southernalbertasummernames.com
under "County of Lethbridge"

**Deadline is June 1, 2015. For more information contact your Regional Director
at commserv@coaldale.ca or follow us on Twitter and Facebook**

See you at the Games!



Lethbridge County Southern Alberta Summer Games



@LethCountySASG

123456

**MOVIE
NIGHT**

02121968

Save the date

Saturday, Aug. 22 - 9 p.m.

Coaldale HUB Field, South of Curling Rink

Free Admission

Come early to get a good spot.

Bring your lawn chairs or blankets to sit on.
Refreshments will be sold or bring your own.

**Follow us on Twitter and Facebook for more
details and help choose the movie.**

Connect with us

@CoaldaleAB

www.coaldale.ca
403-345-1300
1920-17 Street
Coaldale AB T1M 1M1

fb.com/CoaldaleAB



Summer 2015 Hockey Camps

Providing top quality hockey instruction.

Individual player development is the emphasis in an engaging, dynamic setting.

Focus on skills/fundamentals in a positive, nurturing, safe hockey environment.

We are passionate about hockey and proud of it.

**** Sessions fill very quickly, don't delay registration! ****

Initiation / Novice / Atom Full & Half Day Camps Birth Year 2004-2010 (\$249/\$229 & \$150)

- **August 17 - August 21**
Nicholas Sheran Arena

2 ice sessions daily, high instructor to player ratio. Focus on individual improvement, fundamental, skills & confidence growth. Wide variety of popular off ice activities & dry land training.

Initiation / Novice / Atom / Pee Wee Skills & Conditioning Camp Birth Year 2002-2010 (\$85)

- **August 22 – 27 (Afternoons / Evenings)**
Enmax, Civic, Henderson, N. Sheran Arenas

Camp features 4 X 1 hour on-ice sessions. High intensity, quick paced sessions featuring skills & fundamentals. Optional dry land training sessions available.

Pinnacle Hockey School Features

- High instructor to participant ratio. Positive, supportive, passionate staff.
- Skating: technique, mechanics, glide/recovery, balance & agility, speed & power, quick explosive starts & acceleration; Overall Skill Development – shooting, passing, puck control, puck protection, angling, game situation drills, team play.

web: www.pinnaclehockeyschool.com phone/text: 403-360-6204 e-mail: information@pinnaclehockeyschool.com



Initiation / Novice / Atom / Pee Wee Pre-Season Skills & Conditioning Camp

- **August 22-28** 4 X 60 Minute Sessions (\$79) Lethbridge
- Optional dry land sessions – 4 X 60 minute sessions (\$39)
 - High intensity, quick paced sessions featuring skills & fundamentals.

Novice / Initiation / Atom / Pee Wee - Full & Half Day Camps 2003-10 (\$249 Full-Day, \$149 Half-Day)

- **August 17-21** - Initiation/Novice 8:20-2:30 p.m. Full Day Camp 2 X 60 Minute Ice Sessions per day.
- **August 17-21** Atom 9:30-4:30 p.m. 2 X 60 Minute Ice Sessions per day.
Nicholas Sheran Arena (Lethbridge)
- Camps include 2 hours on-ice instruction - Skating: technique & mechanics, balance & agility, speed & power, acceleration & quick starts; Skill Development – shooting, passing, puck protection. PLUS off ice activities including; various sports, dry land training, video sessions, off ice hockey skills, games, crafts, and cooperative activities. Optional lunch program available.

Leaders in southern Alberta hockey instruction

Focus on individual player development, skills/fundamentals in a positive, nurturing, fun hockey environment. Comprehensive skill development camps with a 1:6 instructor to skater ratio. 'Passionate & Proud!'

Each session is filling very quickly: don't delay registration

web: www.pinnaclehockeyschool.com phone/text: 403-360-6204 email: information@pinnaclehockeyschool.com

School tours at the Gem of the West Museum

Our school tours have changed and we're introducing new and exciting learning opportunities for students!

- Bring your class for guided tours and interactive learning opportunities based on Alberta curriculum.
- Work with the Town of Coaldale Arts and Culture Coordinator to create an individualized tour that compliments your classroom learning.
- Enjoy a variety of fun hands-on learning activities such as historical butter, ice cream or soap making and much more.

Special school tour rates available.

**For more info or to book contact Alysha
at 403-345-1323 or email culture@coaldale.ca**



Coaldale Minor Hockey Association Registration

Register Online or In Person



Online: June 1-19, 2015

www.coaldaleminorhockey.com

Don't want to pay online –

Register online and pay in person on June 15

In Person: June 15, 2015

6 p.m. – 8 p.m.

Location: Coaldale Sportsplex Lobby

*Questions – Contact Paula at 403-345-5777 or by email
at cmharegistrar@gmail.com*

More info about registration can be found at
www.coaldaleminorhockey.com

*** Any registrations received after June 19 will be considered LATE
and are subject to late fees! ***

Help stop the “summer slide”

School’s out for summer! Students are looking forward staying up late, sleeping in and days with friends. Those days of freedom can take their toll on the progress your children have made all year though.

Did you know:

- In the summer up to two months of reading achievement can be lost.
- Up to 2/3 of the ninth grade achievement gap between students at or above grade level and those below is at least partially attributed to summer-learning loss.
- Teachers spend about one month each school year re-teaching concepts from the previous year. This takes away from time that could be spent on the new curriculum.



What can be done?

Experts have found that for older students reading four to five books can stop the summer slide. For students in Grade 3 and below just 15 minutes a day of reading will do the trick. Making sure your children have books they choose based on their own interests and at a comfortable reading level are vital to keep them reading over the summer. The books should be ones they can successfully read on their own so that reading doesn’t turn into a chore and turn them off.

How you can support summer reading?

- Get books into your home. Visit the public library in your area. Many libraries offer summer reading programs for children.
- Go to second hand books stores.
- Arrange a book swap with friends.
- Set aside 15-20 minutes a day when everyone stops to read.
- Have a “booknic.” Pack a lunch and bag of books to enjoy outdoors.
- Keep a variety of reading materials available including magazines, newspapers, comics, etc.
- Be a reading role model for your child. Let them see you reading.
- Talk to your child about what he or she is reading. Ask about their favourite part or what they’ve learned.
- Don’t forget to have your child write. Reading and writing go hand-in-hand. Have children keep a journal on a trip or write a letter to a family member or friend.
- Read out loud. Reading out loud to children even after they are reading independently is very important. Being read to by an adult can dramatically increase the number of words a child knows and can use.
- Pack books wherever you go.
- Have your child create a blog about their reading to share with friends and family.
- Have older children read to younger children.
- Play word games.
- Have a family game night one night a week.
- Explore your community. Your experiences will build background knowledge for your child.
- Teens may enjoy an online book club through sites like [goodreads.com](http://www.goodreads.com). The social aspect of discussing books is often motivating not to mention they will find new titles that might interest them.

Helpful Resources

The Canadian Children’s Book Centre

<http://www.bookcentre.ca/>

PBS Parents

<http://www.pbs.org/parents/experts/archive/2010/07/helping-to-prevent-summer-read.html>

Reading is Fundamental

<http://www.rif.org/>

Scholastic Canada

<http://www.scholastic.ca/summerreadingcounts/booklist.htm>

For more information, please visit Palliser’s website:

<http://www.pallisersd.ab.ca/literacy>

Teenagers, Puberty, and Healthy Relationships – What Parents Can Do

Growing up can be a challenging time for teens and parents and a bit of love and understanding can go a long way. Let them know that you are there to support them. Sometimes watching your child develop and change into a young adult can be a difficult transition period. It may also be hard to “let go”. However, you are their parent and they still need you. You can be there and support them through this time.

Puberty in girls can begin from around the age of nine and in boys around the age of 10. As they are developing into young adults, they will need your support and trust as well as some privacy, respect, and encouragement. Discussing matters such as friendships, relationships, sexuality, and love are important. Be open-minded and do not judge. This will help them to feel that they can trust you and turn to you whenever they need help and support. Friendships are very important to teens. Having a close friend or group of friends and belonging to a group helps them feel good about themselves, learn to navigate relationships with others, and develop their own identity. Allowing them the opportunities to trust their own feelings and values builds emotional and cognitive strengths that will help them navigate life as they get older.



Here is an example of a situation you could encounter:

Problem: My son keeps asking me awkward questions about sex. I am not sure what to say.

Think it Through: The more they understand about their bodies, the less difficult it will seem.

Do: Find out more information, try visiting www.teachingsexualhealth.ca. Don't be embarrassed. Let them know they can ask you anything.

Adapted from: http://www.newport.gov.uk/stellent/groups/public/documents/leaflets_and_brochures/cont608148.pdf

Think Before You Drink: Tooth Erosion

It's no secret, most of your favorite beverages contain a lot of sugar! Sugar in beverages, along with bacteria in the mouth, create acids that can decay teeth. But did you know that many popular beverages such as pop, fruit juices and sport drinks, also contain acids that can damage teeth and lead to tooth sensitivity and pain? This is known as tooth erosion – the irreversible loss of tooth enamel caused by lengthy and repeated exposure to acidic substances. Teenagers can be prone to tooth erosion because of their tooth enamel and the impact of lifestyle choices, including drinking acidic beverages and poor oral hygiene. Because tooth erosion cannot be reversed, prevention is important:

- Drink water for thirst and milk with meals
- Reduce number of acidic beverages and use a straw for drinking them
- Rinse your mouth with water to remove acids
- Wait 30 minutes to brush your teeth after drinking an acidic beverage to prevent tooth enamel damage
- Brush twice a day with toothpaste containing fluoride to strengthen teeth and floss daily
- Visit your dentist regularly for check-ups and additional preventive treatments

The Eggsperiment - Calcium is a major part of tooth enamel. Check out how acid affects calcium, the mineral that keeps an eggshell hard. Gently place a hard-boiled egg with its shell into a container of vinegar until it is completely covered. Let the egg sit for at least 24 hrs. Observe what happens to the shell, how is this similar to tooth erosion?

KAHS 2015 June Final Exam Schedule

Monday, May 11 th , 2014 (Day 3)			
Time	Subject	Room	Supervisor
9:00-11:30	LA PAT (60)	Comp. room 212 213	Wornell/Hanna Horlacher/Langhofer Roelofs/Ronovsky
	Accommodations(15)	Library	Andre

ENGLISH AND SOCIAL STUDIES PART "A"

Friday, June 12, 2015 (Day 1)			
Time	Subject	Room	Supervisor
9:00 – 12:00	English 30-1 Part A (21) English 30-2 Part A (9)	Comp. Room 209	P1. Hanna P2. Langhofer P3. Baraniecki P4. Alexander
9:00 – 3:00	Accommodation (6)	Library Laptop Cart 3	Andre

Monday, June 15, 2014 (Day 2)			
Time	Subject	Room	Supervisor
9:00 – 12:00 (11:30)	Social Studies 30-1 (12) Social Studies 30-2 (13)	Comp. Room 209	P1. Hogg P2. Wornell
8:45 – 2:00	Accommodations (3)	Library Laptop Cart 3	Andre

ENGLISH AND SOCIAL STUDIES PART "B"

Wednesday June 17 th (Day 4)			
Time	Subject	Room	Supervisor
9:00 – 12:00 (30)	English 30-1 Part B (21) English 30-2 Part B (9)	Gym	P1. Swen & Hanna P2. Wornell & Pritchard
9:00-3:00	Accommodations (6)	203	Andre

Thursday June 18 th (Day 1)			
Time	Subject	Room	Supervisor
9:00 – 11:30 (25)	Social 30-1- (12) Social 30-2- (13)	Gym	P1.Pritchard & Roelofs P2.Langhofer &Arroyo
9:00-3:00	Accommodations (3)	203	Andre

KAHS 2015 June Final Exam Schedule

Friday, June 19 th , 2015			
Time	Subject	Room	Supervisor
9:00 – 11:30 (104)	Social 9 PAT (29) Social 10-1(33) Social 20-1(19) Social 20-2 (23)	Gym	Wornell Gibson Fritschy Wetmore
9:00-3:00	Accommodations (10)	Computer lab	Ronovsky Holland
Monday, June 22 nd , 2015			
Time	Subject	Room	Supervisor
9:00 – 11:30 (99)	Biology 30 (11) English 10-1(26) English 10-2(20) English 20-1(33) English 20-2(9)	Gym	Schilling Oikawa Wetmore Langhofer
9:00-3:00	Accommodations	Computer lab	Gibson Hogg
Tuesday, June 23 rd , 2015			
Time	Subject	Room	Supervisor
9:00 – 11:30 (105)	Science 9 PAT (31) Chemistry 30 (27) Science 10 (47)	Gym	Ronovsky Terakita Horlacher Swen
9:00-2:00	Accommodations	Computer lab	Holland Hogg
Tuesday, June 23 rd , 2015 (pm)			
Time	Subject	Room	Supervisor
12:30-3:00 (21)	Physics 20 (21)	Gym	Alexander Hierath
Wednesday, June 24 th , 2015 (am)			
Time	Subject	Room	Supervisor
9:00– 12:00 (118)	Mathematics 30-1 & 30-2 (45) Mathematics 9 PAT (60) Biology 20 (13)	Gym	Hanna Terakita Horlacher Schilling
9:00-2:00	Accommodations (15)	Computer lab	Hogg Langhofer

KAHS 2015 June Final Exam Schedule

Wednesday, June 24th, 2015 (pm)			
Time	Subject	Room	Supervisor
12:30–3:00 (93)	Maths 10C (9) Maths 20-1 (25) Maths 20-2 (16) Maths 20-3(18) Chemistry 20 (25)	Gym	Baraniecki Holland Alexander Hierath
12:00-3:00	Accommodations	Computer lab	Roelofs Wetmore
Thursday, June 25th, 2015			
Time	Subject	Room	Supervisor
9:00– 11:30 (60)	English 9 PAT (60)	Gym	Swen Baraniecki Oikawa Roelofs
9:00-2:00	Accommodations (15)	Computer lab	Wornell Hanna